



Mental Care for Long-term Hospitalized Children

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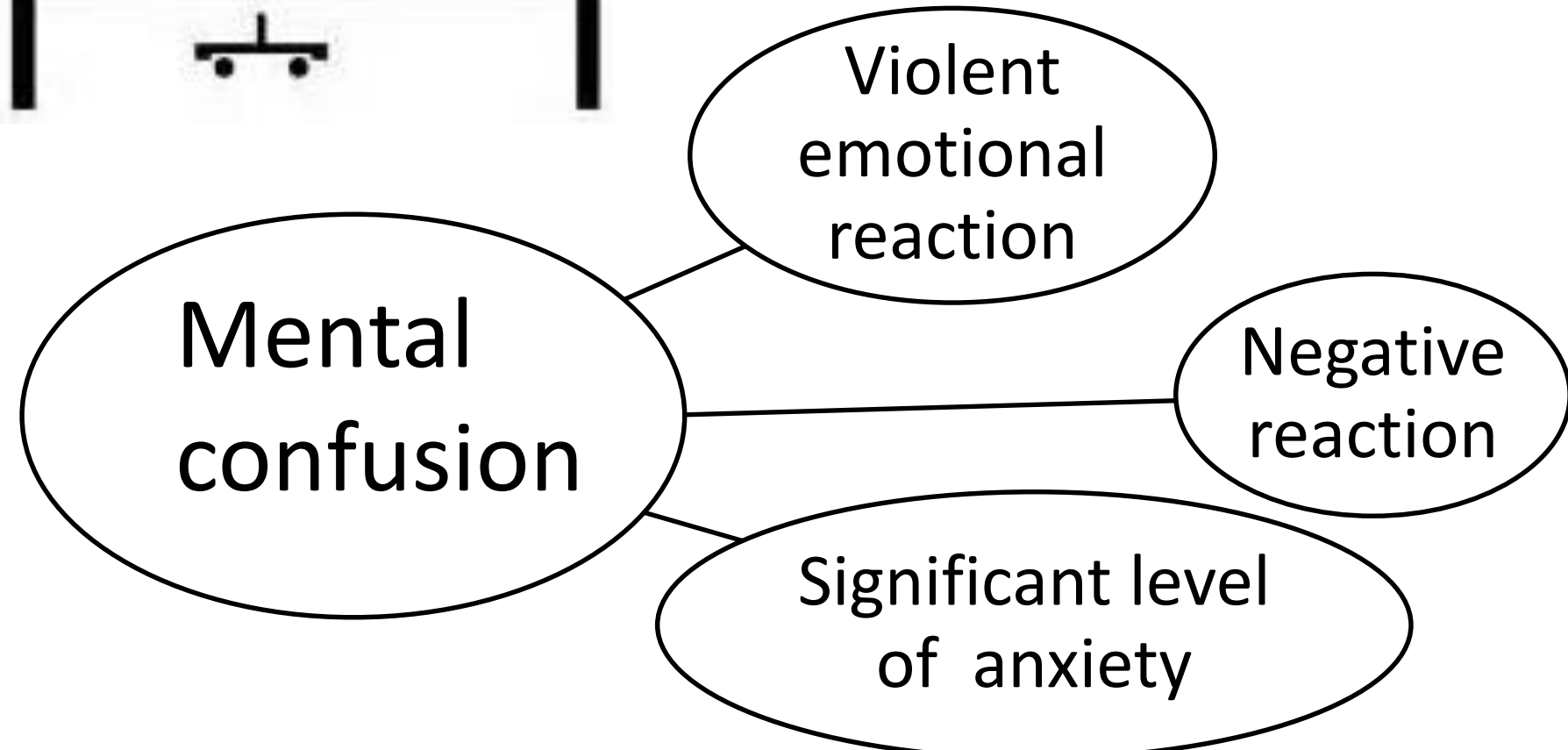
Kobe Municipal Fukiai High School

Introduction



30,000 children are hospitalized in Japan

(Ministry of health:2017)



Research Question

How can children receiving long-term medical care be helped to be more active?

Methodology

Internet, Books

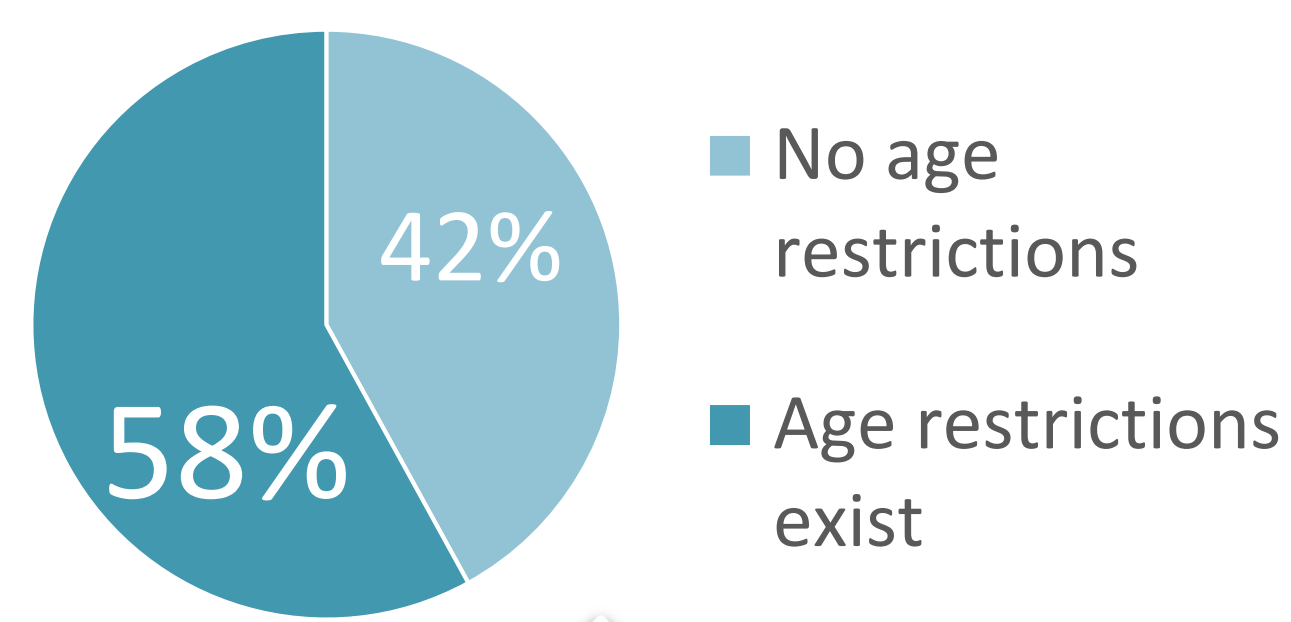
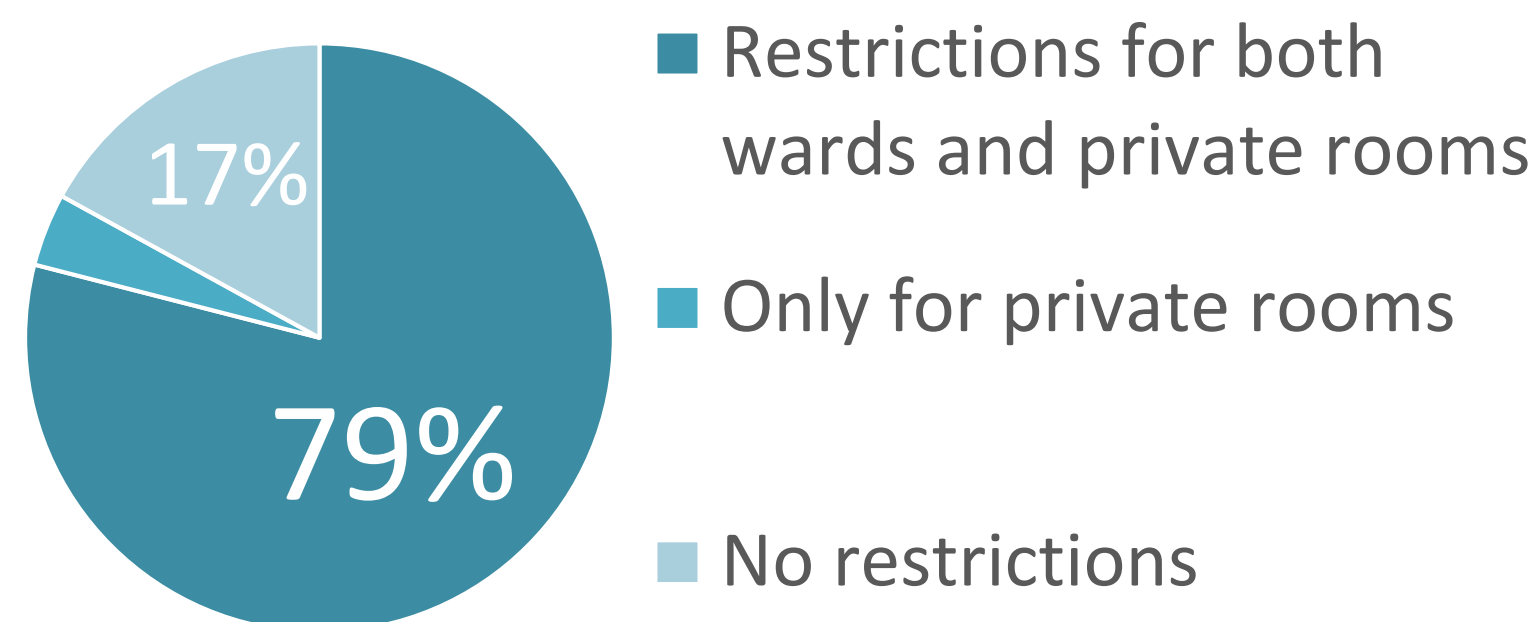
Field work in Osaka University Hospital



Data and Analysis

Restrictions for visiting hours

Restrictions based on visitor's age



80% of children have restrictions of visiting time
⇒ Separate from mother

60% of children have restrictions based on the age
⇒ Separate from sibling

(333 large hospitals have children's ward in the Kanto Koshinetsu district)

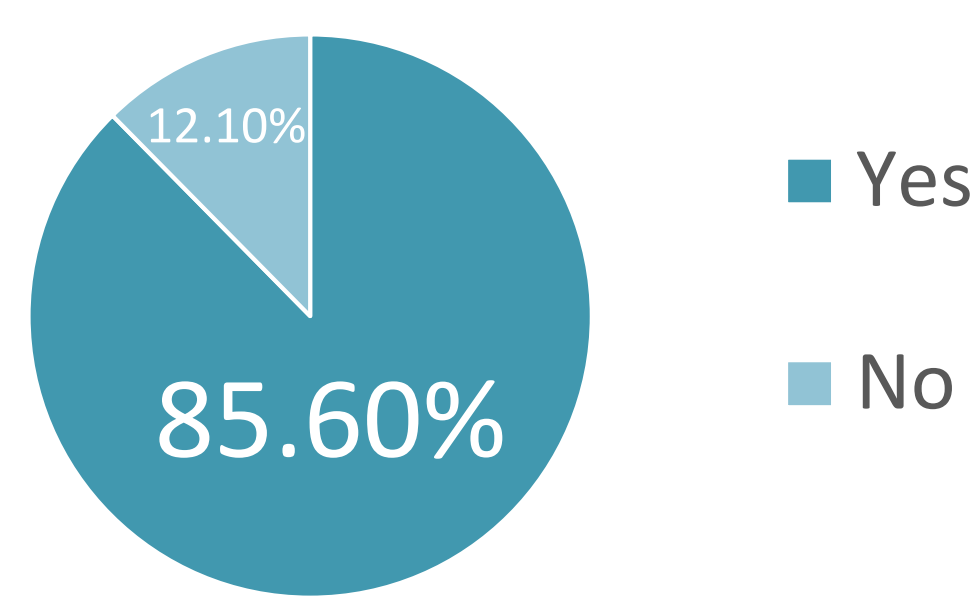
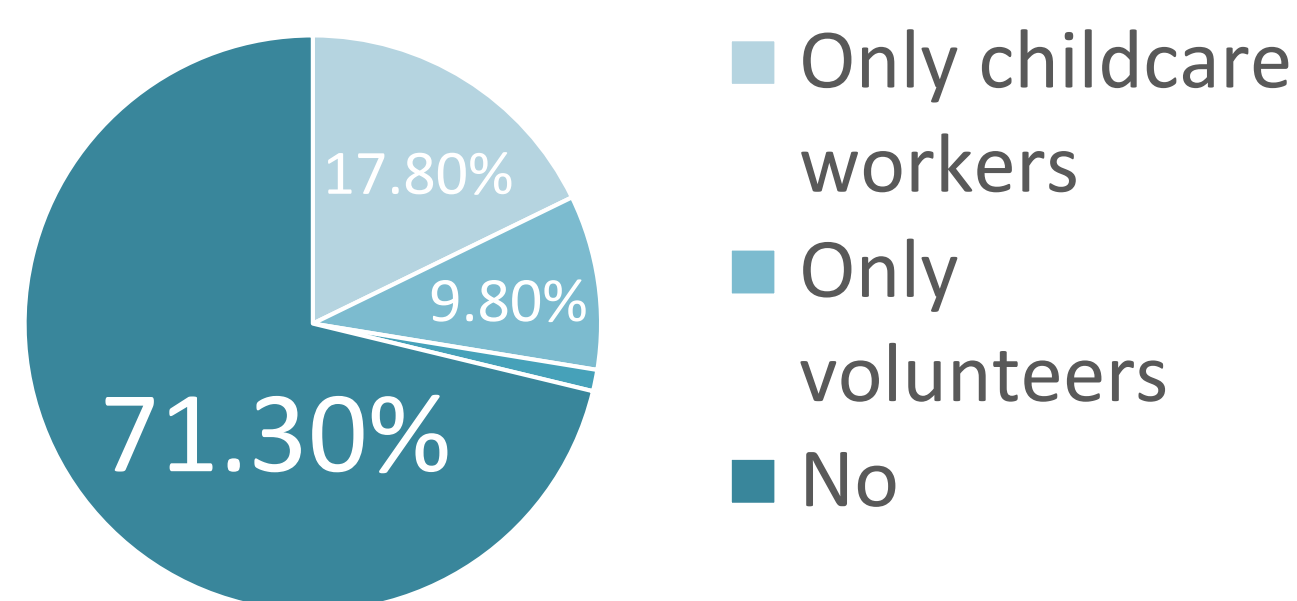
Separation anxiety from the mother



WHO mental health consultant: John Bowlby

Child care workers and volunteers

Installation of the playroom



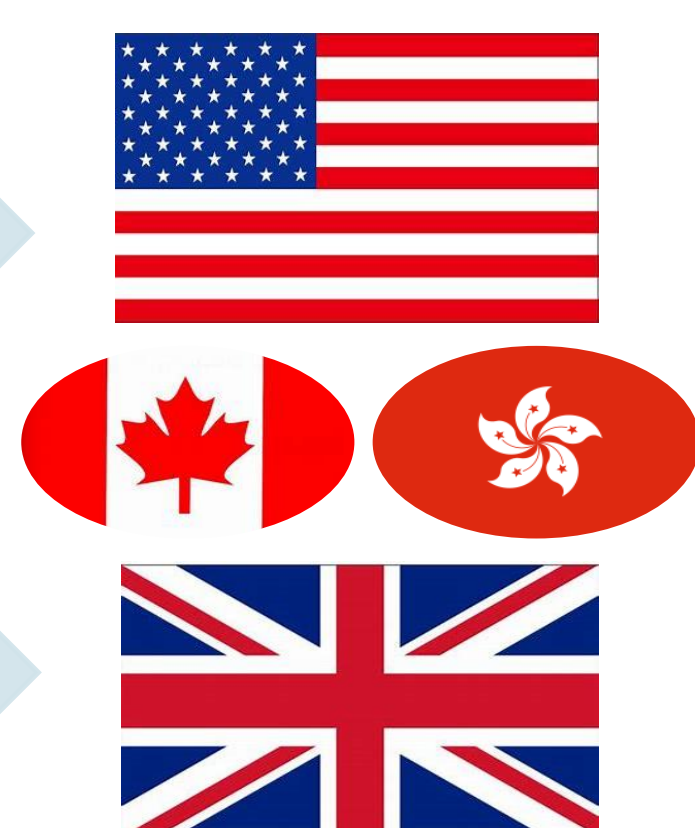
71% of hospitals don't hire them + Low expertise (less education)

85% of hospitals install playrooms in Japan

http://amcor.asahikawa-med.ac.jp/modules/xoonips/download.php/2009180290.pdf?file_id=4129 日本小児看護学会誌(2009.03)

CLS (Child Life Specialist)

- National qualification in Canada and Hong Kong too
- More than 90% of children's ward are hire them



HPS (Hospital Play Specialist)

- Establish national qualification
- 96% of children's ward hire them



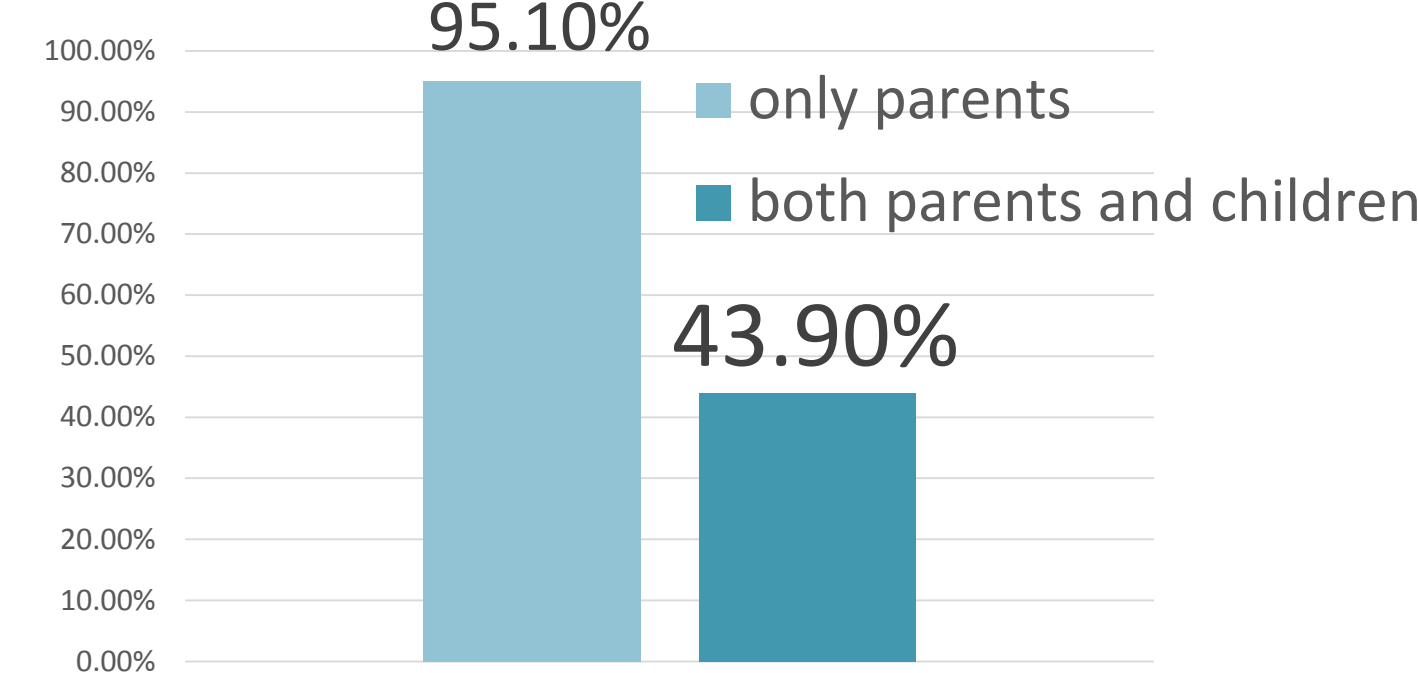
Study at a university in the United States or Canada

Take a CLS qualification exam

Accumulate more than 480 hours of clinical experience

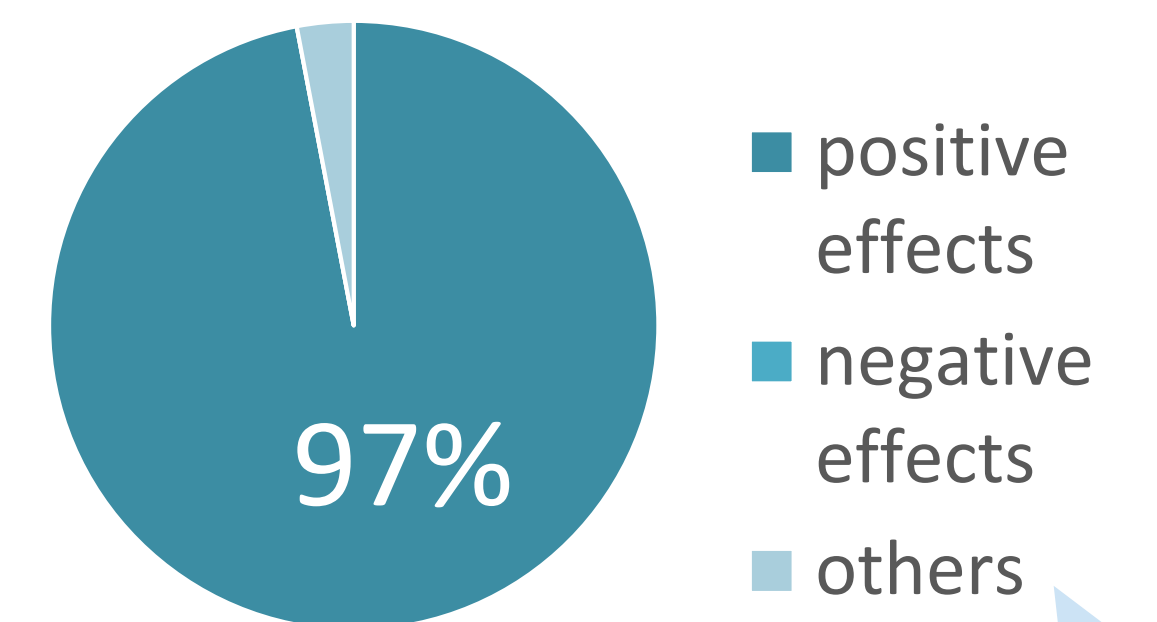
Impossible to be a CLS in Japan

Recipients of treatment explanations



(333 large hospitals have children's ward in the Kanto Koshinetsu district)

Therapeutic effect of explanation and assent



Informed-assent

- Not to obtain only parental consent but assent from both parents and children

Informed-assent

Only parents (legal agreement)

Both parents and children's agreement (not legal)

Understanding of one's situation

Passive Medical care

Independent Medical care

Become ambitious, independent and positive

Become compliant for the medical procedures

Suggestions

Human resource development

- Make more opportunities to listen to lectures from experts ⇒ Higher degree of recognition
- Establish national qualifications, CLS and HPS, and establish a school that has child life departments or courses
- Include concept in their textbook+ Educate doctors and nurses

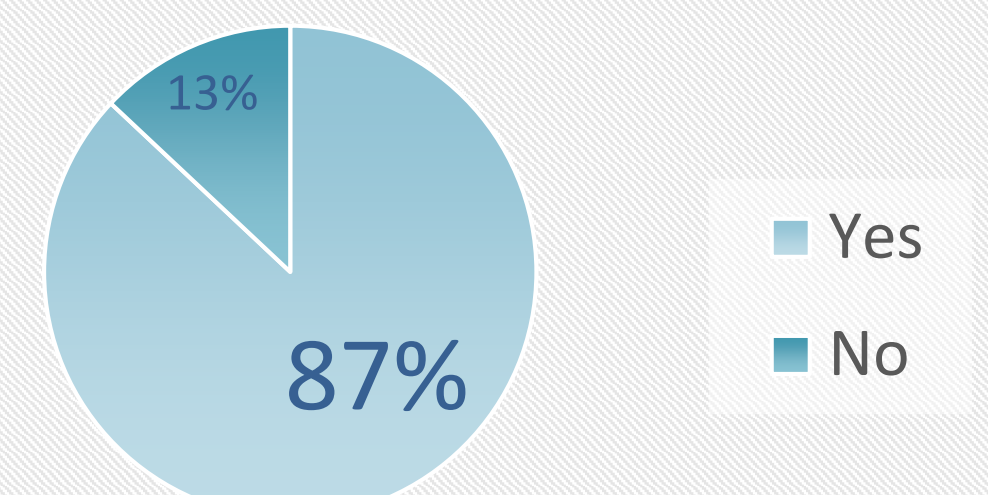
Improvement of facilities

- Make exclusive room for teenagers (12-17)
- Promote developmental growth and forming of self-identity
- Foster activities that allow patients to engage with each other
- Connect to society outside of hospital: news and events

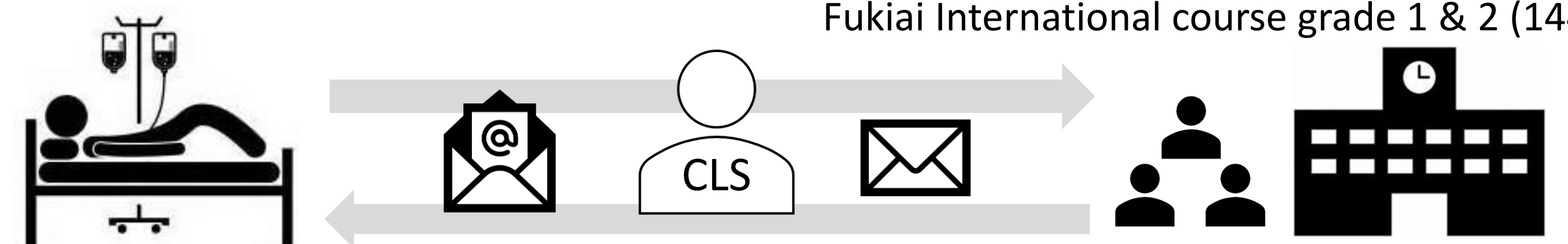
Corresponding

- Meditated between children and students by a CLS
- Using things like email or letters
- Without training volunteers in elements of medical care such as sanitation

Do you agree to make a program in high school to communicate with hospitalizing



Fukiai International course grade 1 & 2 (144)

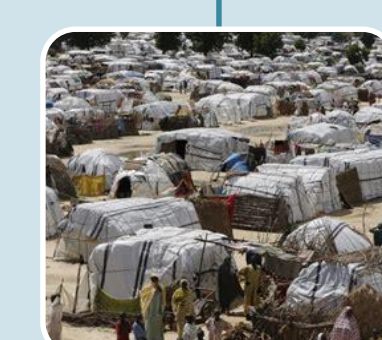


Long-term goal

Certify CLS International Qualification



Encourage teamwork across borders



Enrich in each country



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