

Improving Our Future With Design Thinking 2751

~About students' Heatstroke measures in Japan~

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-Introduction-

We think that SDGs can be achieved by solving the familiar problems we are faced with. As it's not impossible for students to contribute to SDGs, we focused on goal number 3 and worked on the problem.



Task: What can we do to reduce the incidence of heatstroke?

Emphasize

Many students have heatstroke

Define

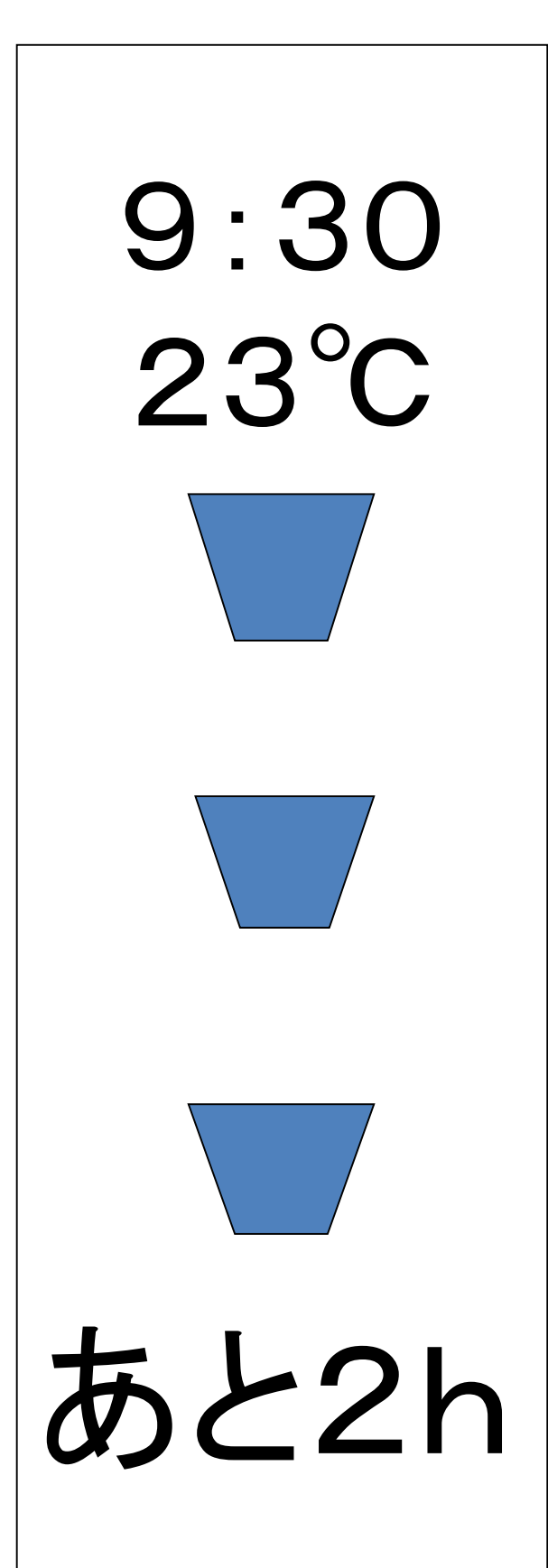
Is it due to forgetting hydration?

Ideate

Reminder for hydration that we can carry anywhere

Prototype

- Can measure body temperature
- Can see the required amount of water
- Can find the next time for hydration to be ingested



Advantages

- You can always wear it anywhere
- It has many details

Disadvantages

- It is hard to spread

Conclusion

We think we could create the solution using design thinking to solve this problem as a student. Contribution to the SDGs may seem like a big task, but every one of us definitely has to work on it to achieve the goals until 2030. It will not be not easy, but our small actions and our determination are the things that may change the world.